Making change.
Empowering people.
Impacting the community.

OUR RESULTS MATTER

Annual Report 2014
hopes.org
Serving Hudson and Union Counties
“We’ve taken the time and effort to build quality programs and partnerships in the communities we serve, and in turn we’ve earned the reputation of being known as a trusted community service organization that produces results.”

– ORA WELCH, PRESIDENT/CEO, HOPES CAP, INC.

750 Children achieved school readiness skills

“My daughter has learned and flourished so much. I trust each and every teacher with my most valuable treasure, my daughter.”

– RUTH ACEVEDO, EARLY CHILDHOOD SERVICES PARENT

1,200 Families qualified for $1.1 million in tax savings
HOPES served 4,300 Families in 2014

600 Seniors maintained independence through HOPES programs

“HOPES has helped me obtain health insurance, food stamps and transportation. They have been the only agency that assisted me with all of my needs.”
– GLADIS RAMOS, SENIOR SERVICES CLIENT

“I’m building my dream.”
– KESHON CRANDELL, YOUTH ENTREPRENEUR STUDENT

250 Youth developed skill sets in STEAM subject areas
"Our accountability as a Board goes beyond that of our funders. We’re responsible to the community as a whole. We make decisions that reflect the true interests and needs of our constituents."

– FRANK RAIA, BOARD CHAIRMAN, HOPES CAP, INC.

Awarded “Community Service Organization of the Year”
By Hoboken Chamber of Commerce

43% of staff celebrated 5 or more years of working with HOPES

CELEBRATED 50 Years of service
Building new facility post-Hurricane Sandy

One of 9 CAAs nationally to develop best practices tool for financial performance monitoring

3,800 hours of professional development for staff

“HOPES has provided access to technology, art and practical skills to True Mentor Club participants to enrich their lives and to encourage them to explore new interests in a safe environment.”

– REBECCA DENARO, TRUE MENTORS, COMMUNITY PARTNER
“Through the Teens and Digital Media Program, anybody can learn how to become a technological citizen, which is where we’re moving towards.”

– HOBOKEN CHARTER SCHOOL, COMMUNITY PARTNER

8,000 hours worth of volunteer opportunities created

“We value our partnership with HOPES because it’s based on mutual trust developed during our many years of working closely together for the benefit of the community.”

– BILL BULLOCK, HOBOKEN FAMILY PLANNING, COMMUNITY PARTNER

Young Audience Arts for Learning Art Champion Award Recipient

64 Community Partners worked with HOPES to strengthen outcomes
### Financials

**Fiscal Year 4/1/2013 – 3/31/2014**

#### Revenues 2013 – 2014

<table>
<thead>
<tr>
<th>Revenues &amp; Support</th>
<th>$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Start</td>
<td>$5,515,613</td>
</tr>
<tr>
<td>State Funded Preschool</td>
<td>$4,801,506</td>
</tr>
<tr>
<td>After School Services</td>
<td>$581,000</td>
</tr>
<tr>
<td>Child and Adult Care Food Program</td>
<td>$539,379</td>
</tr>
<tr>
<td>Other Early Childhood Support</td>
<td>$57,531</td>
</tr>
<tr>
<td>Community Services</td>
<td>$351,240</td>
</tr>
<tr>
<td>Senior Services</td>
<td>$148,633</td>
</tr>
<tr>
<td>Youth Services</td>
<td>$22,373</td>
</tr>
<tr>
<td>Other Community Services Support</td>
<td>$62,442</td>
</tr>
<tr>
<td>Disaster Relief Funding</td>
<td>$1,254,043</td>
</tr>
<tr>
<td>Other</td>
<td>$27,132</td>
</tr>
<tr>
<td>Rental Property</td>
<td>$917,405</td>
</tr>
<tr>
<td>In-Kind</td>
<td>$87,103</td>
</tr>
<tr>
<td>Total</td>
<td>$14,365,421</td>
</tr>
</tbody>
</table>

**100% Compliant A-133 Audit for 2013 – 2014**

#### Expenses 2013 – 2014

<table>
<thead>
<tr>
<th>Expenses</th>
<th>$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel</td>
<td>$9,661,287</td>
</tr>
<tr>
<td>Consultants</td>
<td>$455,490</td>
</tr>
<tr>
<td>Nutrition/Food</td>
<td>$648,138</td>
</tr>
<tr>
<td>Occupancy</td>
<td>$1,919,303</td>
</tr>
<tr>
<td>Supplies</td>
<td>$933,779</td>
</tr>
<tr>
<td>In-Kind</td>
<td>$87,103</td>
</tr>
<tr>
<td>Total</td>
<td>$14,313,106</td>
</tr>
</tbody>
</table>

HOPES CAP, Inc. administrative costs represent less than 15% of total expenses.
**Child Outcomes**

**Plainfield Preschool Program – High Scope COR – Scale of 1 to 5**

<table>
<thead>
<tr>
<th>Plainfield Preschool</th>
<th>FALL</th>
<th>SPRING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Initiative</td>
<td>2.54</td>
<td>3.89</td>
</tr>
<tr>
<td>Social Relations</td>
<td>2.18</td>
<td>4.05</td>
</tr>
<tr>
<td>Creative Representation</td>
<td>2.39</td>
<td>3.87</td>
</tr>
<tr>
<td>Movement/ Music</td>
<td>3.27</td>
<td>3.91</td>
</tr>
<tr>
<td>Language and Literacy</td>
<td>2.98</td>
<td>3.75</td>
</tr>
<tr>
<td>Math and Science</td>
<td>1.93</td>
<td>3.65</td>
</tr>
<tr>
<td>ELL Language Acquisition</td>
<td>3.69</td>
<td>4.41</td>
</tr>
</tbody>
</table>

**Based on Mean Data – growth report**

<table>
<thead>
<tr>
<th>Hoboken Preschool</th>
<th>FALL</th>
<th>SPRING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Emotional</td>
<td>41</td>
<td>50</td>
</tr>
<tr>
<td>Physical Gross Motor</td>
<td>25</td>
<td>29</td>
</tr>
<tr>
<td>Language</td>
<td>40</td>
<td>51</td>
</tr>
<tr>
<td>Cognitive</td>
<td>43</td>
<td>54</td>
</tr>
<tr>
<td>Literacy</td>
<td>29</td>
<td>49</td>
</tr>
<tr>
<td>Mathematics and Science</td>
<td>22</td>
<td>29</td>
</tr>
</tbody>
</table>

**EHS Ages and Stages – Scale of 0-60**

<table>
<thead>
<tr>
<th>EHS Ages and Stages</th>
<th>FALL</th>
<th>SPRING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication</td>
<td>25</td>
<td>50</td>
</tr>
<tr>
<td>Gross Motor</td>
<td>35</td>
<td>50</td>
</tr>
<tr>
<td>Fine Motor</td>
<td>35</td>
<td>45</td>
</tr>
<tr>
<td>Problem Solving</td>
<td>35</td>
<td>45</td>
</tr>
<tr>
<td>Personal Social</td>
<td>30</td>
<td>50</td>
</tr>
</tbody>
</table>
Head Start and Early Head Start

Grantee Health: 99% had health insurance; of those:
- 89% had health insurance through State CHIP/Federal Medicaid
- .21% had private health insurance
- .005% had military health insurance
- 99% of Head Start children and 83% of Early Head Start children are up-to-date with EPSDT

93.6% of Head Start children and 100% of Early Head Start children were up-to-date with or had completed all possible immunizations.

Chronic health conditions requiring medical treatment:
- Anemia – less than 1% (.38%)
- Asthma – 10.51%
- Hearing Difficulties – less than 1% (.19%)
- Vision – 1.31%
- High Lead – less than 1% (.38%)
- Diabetes – less than 1% (.19%)

Pregnant Women:
- 92% have health insurance
- 100% received prenatal health care
- 80% received postpartum health care
- 100% received prenatal education on fetal development
- 100% received information on the benefits of breastfeeding

Pregnant Women enrolled during 2011 – 2012 Program Year:
- 1st trimester (0-3 months) – 8
- 2nd trimester (3-6 months) – 8
- 3rd trimester (6-9 months) – 12

Disabilities: (Program Applied for a Disabilities Waiver from the Office of Head Start)
- 34 IEPs (7.9%)
- 15 IFSPs (10.3%)

100% of children diagnosed with a disability received special education services or related services for a primary disability.

Dental Services:
- 91% Children in Head Start received continuous preventive care
- 61% Children in Early Head Start received continuous preventive care
### Funding Levels

<table>
<thead>
<tr>
<th>Head Start</th>
<th>Early Head Start</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Start Center Based: <strong>397</strong></td>
<td>Early Head Start Center Based: <strong>56</strong></td>
</tr>
<tr>
<td>Early Head Start Home Based: <strong>36</strong></td>
<td></td>
</tr>
<tr>
<td>Family Child Care Program Option: <strong>3</strong></td>
<td></td>
</tr>
<tr>
<td>Early Head Start Expectant Women: <strong>15</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Total Number of Children and Families Served by Grantee 2013 – 2014**

- **HEAD START:** 433 Children, 410 Families
- **EARLY HEAD START:** 120 Children, 121 Families, 25 Expectant Women

**Grantee Average Monthly Funded Enrollment 2013 – 2014**

- **HEAD START:** 100%
- **EARLY HEAD START:** 100%

**Grantee Percentage of Eligible Children Served 2013 – 2014:**

- **HEAD START:** 95.15%
- **EARLY HEAD START:** 96.55%

**Grantee 2014 Federal Reviews of Hoboken and Plainfield Head Start Programs:**

- 100% COMPLIANT

**Head Start and Early Head Start Grantee Nutrition:**

- All families complete a nutrition survey upon enrollment into the program. Results from the surveys are utilized in menu and activity planning.
- All classrooms provide feedback on menu on a monthly basis.
- Nutrition Consultant worked with families of children whose hemoglobin levels showed deficiencies, lead levels were high, had picky eaters and other health concerns.

The program has a School Readiness Plan for all children and families enrolled in the program. The Plan guides program staff on which skills children would need to demonstrate within each age group to meet school readiness goals. School readiness is defined in terms of the knowledge and skills children display in five major areas of development that are aligned with the Head Start Child Development and Early Learning Framework:

- Social and Emotional Development
- Language Development and Literacy
- Approaches to Learning
- Cognition and General Knowledge
- Physical Well-Being and Motor Development

The School Readiness Plan reflects the ages of the children, birth to five, participating in the program. It is aligned with the Head Start Child Development and Early Learning Framework and NJ State Standards for children Birth to Five. The plan encompasses the range of all children served including Dual Language Learners and Children with Disabilities.

The School Readiness Plan was developed and is updated in active and ongoing consultation with parent participating in the program, staff and program administration.

Grantee Family Support/Parent Involvement 2013 – 2014

Number of families receiving resources or referral:

EARLY HEAD START 121    HEAD START 410

Number of families participating in family goal setting:

EARLY HEAD START 90    HEAD START 350

HOPES CAP, Inc. Early Childhood/Head Start families can participate in monthly parent meetings that revolve around receiving program and community information, program planning, classroom and health information, and participation in learning activities with their children.

HOPES CAP, Inc. also offers Male Involvement Activities. The classroom staff and children plan activities or events to welcome male involvement in the classrooms.

Program governance is supported by parents through the Policy Council. The Policy Council works with program administration to develop and approve program policies, prepare and approve the grant application, help develop and set program short and long term goals, the hiring and termination process and help make decisions about how the HOPES CAP, Inc. Early Childhood/Head Start/Early Head Start programs will be run. Parents are elected from all centers and program options to sit on the Policy Council for one 1 year term with a 3 year maximum lifetime participation limit. Over 51% of Policy Council members are parents of currently enrolled Children. Other members are linked to the program through community agencies that partners with HOPES CAP, Inc.

HOPES CAP, Inc. Head Start/Early Childhood Program in Hoboken has been accredited by the National Association for the Education of Young Children (NAEYC) since 2006. NAEYC administers the largest and most widely recognized accreditation system for all types of early childhood programs and child care center. NAEYC is the nation’s largest organization of early childhood educators.

In order to be accredited by the NAEYC Academy for Early Childhood Program Accreditation, HOPES CAP, Inc. Head Start has voluntarily undergone a comprehensive process of internal self-study, invited external professional review to verify compliance with the Criteria for High-Quality Early Childhood Programs, and has been found to be in substantial compliance with the Criteria. The Criteria can be found on NAEYC’s website at www.naeyc.org/accreditation.
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To make a tax deductible donation, visit: http://hopes.org/Give-Now